



The Hermit and the Knight

A One Day Meditation Retreat with Aziza Scott

Sunday, October 8th

9:30 am - 4:30 pm

Hollow Reed School

93 Sedgwick St.

Jamaica Plain, Ma.

Pir Vilayat Inayat Khan would speak about how we have within us both the archetype of the Hermit and of the Knight. The Hermit retreats into the sacred atmosphere to remember, to renew, and to align with their ideal. The Knight is called to uphold the ideal in the world.

How do we interact in the world with integrity and compassion? How can we hold our point of view and yet understand that of another?

Aziza will share teachings, practices, and meditations which seek to honor and cultivate the Hermit and the Knight within us.

The cost is sliding scale \$50.00 - \$95.00, with potluck lunch. To RSVP or obtain more information call (617) 522-0800 x3, or email InayatiOrder@gardenlight.org.

Aziza Scott, M. Ed., is the emeritus head of the Esoteric School and Director of the Retreat Program of the Inayati Order. She brings insight and experience gained from many years of leading meditation retreats and conducting workshops throughout North America, Europe, and India.

